

# GIRL ON FIRE

*collective*



welcome to may

Hello ladies!

Welcome to May!

The theme of this month's prompts are: "Be Your Own Comeback Queen"

Enjoy!

Cara

# journal prompts

What old story about yourself are you still holding onto?

How can that story make you stronger?

Who do you truly want to become?

What needs to shift in your life for you to become her?

What would the highest version of you say to the current you right now?

*write a letter*

Write a letter to the version of you that was at her lowest.

